

MSAD #54 Curriculum

Content Area: PE
Unit: Kickball

Grade: K-2
MLR Span: K-2

MLR Content Standard:

G. Movement/Motor Skills and Knowledge: Students demonstrate the *fundamental and specialized movement skills* and apply *principles of movement* for improved performance.

I. Personal and Social Skills and Knowledge: Students demonstrate and explain responsible personal behavior and responsible social behavior in physical activity settings.

Performance Indicator:

G1 Stability and Force

G2 Movement Skills

G3 Skills-related Fitness Component

G4 Skill Improvement

I1 Cooperative Skills

I2 Responsible Behavior

I3 Safety Rules and Rules of Play

Performance Descriptor(s)	MSAD #54 Objectives	Instructional Resources/ Activities/Assessments
<p>G1 Stability and Force Students demonstrate positions that create stability and force.</p> <p>a. a. Show how base of support changes during <i>static balances</i>.</p> <p>G2 Movement Skills Students demonstrate a variety of <i>locomotor skills</i>.</p> <p>b. Demonstrate a <i>locomotor skill</i> applying changes in direction, level, and/or pathway.</p> <p>G3 Students identify the skill-related fitness components of balance and coordination.</p> <p>G4 Skill Improvement</p> <p>.</p> <p>I1 Students demonstrate taking turns and sharing while participating in physical activities.</p> <p>I2 Students follow procedures for safe behaviors, including maintaining appropriate personal space, while participating in physical activities.</p> <p>I3 Students identify safety rules and rule of play for games/physical activities.</p>	<p>Students will: Learn basic kicking and catching skills through drills.</p> <p>Students will practice kickball skills through game play.</p>	<p>Lesson 1</p> <p>Activity:</p> <p>Kick and Catch -Step with plant foot and kick. -Catch ball once kicked</p> <p>Lesson 2</p> <p>Activity:</p> <p>Kickball game</p> <p>-Learn positions -Catch/Kick</p> <p>Assessment: Formative</p>